

Lean Against This Late Hour: A Journey Through the Fragile Landscape of Grief

By Brigid Pasulka

In the wake of losing her mother and sister, Brigid Pasulka found herself adrift in a sea of grief. She felt lost, alone, and utterly bereft. But even in the darkest of times, she found a glimmer of hope in the words of others who had also experienced loss.

Lean Against This Late Hour is a collection of essays that explores the complex and often contradictory emotions of grief. Pasulka draws on her own experiences to create a work that is both deeply personal and universally resonant. She writes about the numbness that can follow loss, the anger that can flare up at unexpected moments, and the guilt that can linger long after the pain has subsided.



Lean Against This Late Hour (Penguin Poets)

by Garous Abdolmalekian

★★★★☆ 4.4 out of 5

Language : English

File size : 39084 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Print length : 147 pages

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But Pasulka also writes about the love that can endure even in the face of death. She writes about the memories that can bring comfort, the hope that can help us to move forward, and the strength that can be found in the face of adversity.

Lean Against This Late Hour is a powerful and moving book that offers solace to those who are grieving. It is a reminder that we are not alone in our pain, and that there is hope to be found even in the darkest of times.

Praise for *Lean Against This Late Hour*

"*Lean Against This Late Hour* is a beautifully written and deeply moving exploration of grief. Brigid Pasulka's essays are honest, raw, and utterly heartbreaking. But they are also full of hope and resilience. This book is a must-read for anyone who has ever experienced loss."

—**Cheryl Strayed**, author of *Wild*

"Brigid Pasulka's *Lean Against This Late Hour* is a powerful and poignant meditation on grief. Her essays are both deeply personal and universally resonant. They offer solace to those who are grieving and remind us that we are not alone in our pain."

—**Elizabeth Gilbert**, author of *Eat, Pray, Love*

"*Lean Against This Late Hour* is a stunning debut. Brigid Pasulka's essays are lyrical, honest, and heartbreaking. They explore the complexities of grief with grace, wisdom, and a touch of dark humor. This book is a gift to anyone who has ever loved and lost."

—**Dani Shapiro**, author of *Devotion*

About the Author

Brigid Pasulka is a writer and teacher whose work has appeared in *The New York Times*, *The Washington Post*, *The Atlantic*, and *The Rumpus*. She is the recipient of a Rona Jaffe Foundation Writers' Award and a Pushcart Prize. *Lean Against This Late Hour* is her first book.



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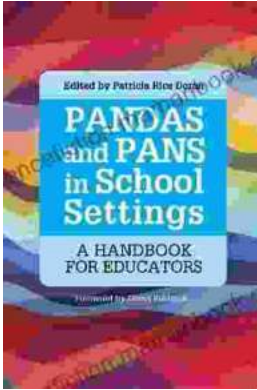
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